

Proposed Route for Ride 4 Welfare ,
4 Equality and the Common Good (Summer 2017 – dates to be confirmed)

NOTE: The “Ride”/ journey will take place on public routes recommended for riding along by Sustrans. It will be lovely if you could join us for all of it, a day or more, or even for an hour or two. The more people there are, the greater the impact. You may choose to use any means of travelling that suits you. You may even prefer just to travel between the named places by public transport, shared mini-bus or car, although obviously this will involve using a different route but still has the potential to provide publicity for our concerns. Jackets and sashes will be recommended nearer the time, or you may have your own ideas for publicity.

If using the proposed Sustrans route, do check the route is suitable for you though, and make sure you come prepared for all eventualities.

Precise times of departure will be available asap but are likely to be at 9 – 9.30 from the named meeting house arrived at the previous evening.

Day	From	Lunch	To	Distance miles	Height gained ft	Time In hrs
1	Swarthmore Hall, LA12 0JQ Ulverston MH LA12 9ND	Rookhow LA12 8LA	Kendal Meeting LA9 4BH	30	1000	3
2	Kendal Meeting, LA9 4BH	Brigflatts LA10 5HR	Cowgill, Dent	22	1,512	2.5
3	Cowgill, Dent	Settle BD24 9DX	Airton Meeting BD23 4AE	26	1,677	2.5
4	Airton Meeting BD23 4AE	Skipton Meeting BD23 2JA	Keighley Meeting BD21 3BA	22	246	2
5	Keighley Meeting BD21 3BA	Bradford BD5 0JB	Huddersfield HD1 4TR	26	823	2.5
6	Huddersfield HD1 4TR	Holmfirth Meeting HD9 1QL	Sheffield S1 2EW	33	1493	3
7	Sheffield S1 2EW	Bamford S33 0DA	Bakewell DE45 1EL	25	1728	3
8	Bakewell DE45 1EL	Fritchley, Belper DE56 2FR	Derby DE1 3GY	29	587	3
9	Derby DE1 3GY	Loughborough LE11 3HA	Leicester LE2 1WP	34	446	3
10	Leicester LE2 1WP		Northampton NN1 3AS	34	787	3
11	Northampton NN1 3AS	Milton Keynes MK15 9BH	Leighton Buzzard LU7 1EQ	34	778	3
12	Leighton Buzzard LU7 1EQ	Harpenden AL5 1PB	Watford WD17 4QB	33	820	3
13	Watford WD17 4QB	Harrow HA5 5DT	Houses of Parliament, Euston Square NW1 2BJ	22	217	2